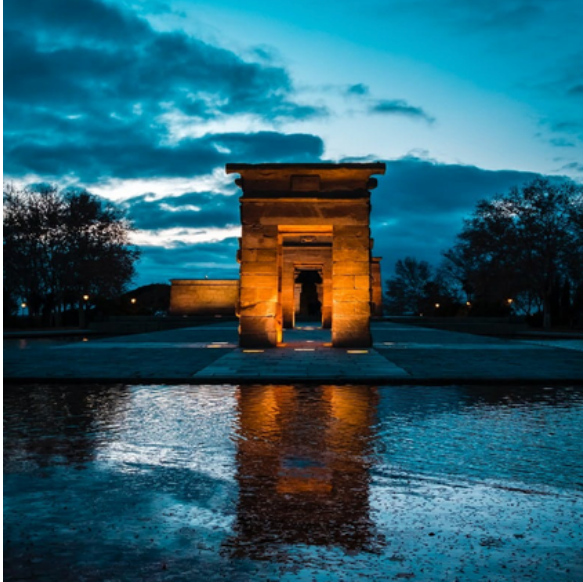


Art, Archetype & Ancient Wisdom

An Marshall

August 2022, Vol X, No. 1



Inspirational Quote

“When the soul wants to experience something she throws out an image in front of her and then steps into it. It is an evocation of the image as a threshold leading to new dimensions of meaning. Symbolic images are more than data; they are vital seeds, living carriers of possibility.” – Meister Eckhart

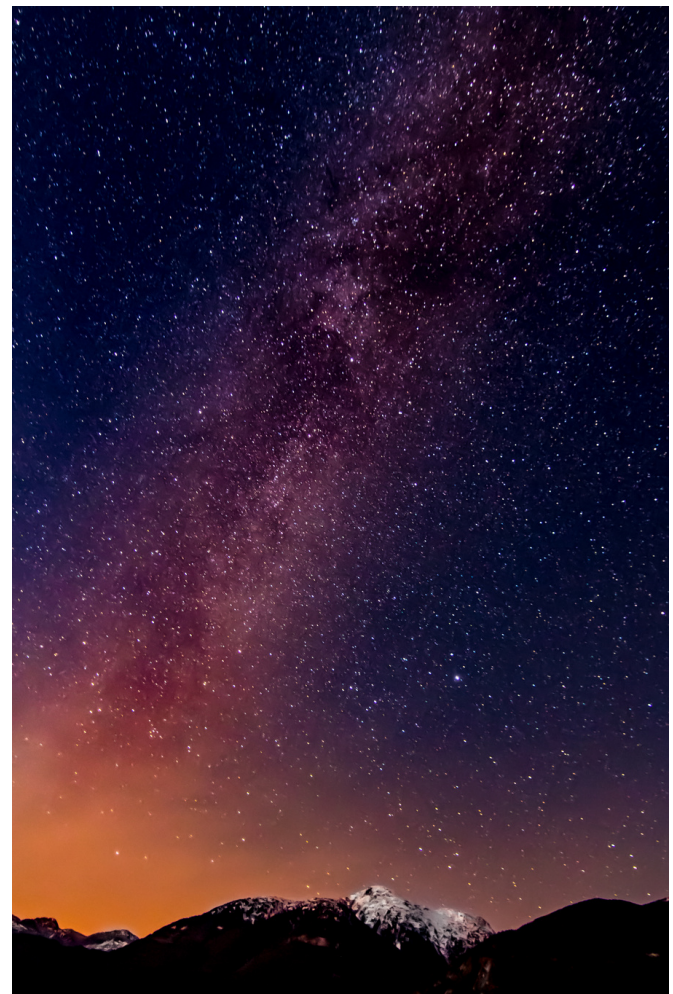
Archetype Conversation

Although the idea of archetypes has been present for thousands of years (Plato was the first), it's been almost 100 years since psychiatrist, Carl Jung, named them and brought them to the forefront. They are considered to be patterns that influence our behavior, manage our power, and are pervasive beyond all borders and time. Think of everyday language that refers to these managing influences, “I am such a fool”, “She's an angel”, “I had no choice” (Victim), “But I've sacrificed so much” (Martyr). Classic and easy-to-grasp archetypes are “Mother”, “Hero”, “Bully”.

I am totally fascinated with them because they are a short cut to accessing greater possibility and eliminating ways of being that stem from fear and are more limiting, confining, and restricting.

My fascination has to do with the images archetypes evoke and the meaning and messages that can be assigned to the image. Jung first referred to archetypes as “primordial images” and suggested they come “from the beginning beyond the beginning”. Since the archetypes are universal, then the images are universal as well.

My personal experience is that by claiming my archetypes, I have better claimed who I am in the world and my contribution to it. My study of archetypes has fastforwarded my personal growth, my sifting through the relevant vs irrelevant, and my commitment to making a contribution in the world. It's as if the study has led me to a threshold of a night sky with vast horizons of expansion illuminated by meteors and shooting stars.



Art in Process

This is my current piece, "Warrior of Beauty and Illumination". She was inspired from a SoulCollage card that I made. The card has been a driving force for 2 years now and I am excited about birthing her into the world.

The challenge I have at the moment, like many artists at varying times, is the image in my head and the translation into material form don't match. I want her to be as beautiful as the card I originally made. My skills and use of tools are developing but not fast enough for this impatient Artist archetype of mine.

I have spent countless hours auditioning her in different variations, sketching and shading her, using the overhead projector to enlarge her, transferring pencil lines to fabric, and dye painting in several layers. She still has multiple stages to go through and right now, a major face job because she looks like a male Egyptian mummy (not intended). Keep in mind, until 2 months ago, I had never drawn a face in my life. My medium is textile and stitching as in art quilts.

In the end, she will be about 4' x 5'. Unlike ALL the other quilts I have made which rarely take longer than 2-3 weeks, this one will be at least five months in the making. Luckily, I have a great art practice ritual, fantastic support and the best teachers



"Warrior of Beauty and Illumination"

Spotlight



Conversation with Joan Baliker, Artist & Peace Advocate

[Watch the interview here!](#)

<https://youtu.be/VmKJ5bPXYII>

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Upcoming

Events/Opportunities



Archetype Journey through SoulCollage online class <https://anmarshallartist.com> and live class The Endurance Group - The Victim (August 18th at 7:00 pm EST) <https://linktr.ee/anmarshall>

From My Readers

Would love to hear from you... what art you are doing, how is your archetype journey, tips, tricks, insights and comments regarding the newsletter. Please email me with "newsletter" in the subject line with thoughts, suggestions, events, photos that I can share. I am especially interested in who you think would be a good spotlight interview.

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Progress on the Big Audacious Vision

So what's the vision, you might ask? A world-wide global collaborative traveling gallery show with large scale archetype art. Ideally opening in Paris 2025 but I would settle for something else. Let me know if you know galleries, artists or people that can help pull this off. Til now the idea has only been in my head... but now you know ... and that's the first step - go public!



About Me

I first discovered how transformative making art can be with the LifeQuilt process that I developed in 1995. I provided instruction, context and structure for people to make a fabric rendition of their life's journey including the not-yet-lived final life phase. Over the decades, I dedicated spare time to textile and mixed media art.

I became a SoulCollage <https://community.soulcollage.com/> Facilitator in 2022 where I came to own the power of images. Currently, I am a student in Caroline Myss's Sacred Contracts Education, CMED Institute <https://www.myss.com/>.

One of my archetypes, The Guide, serves me as real estate consultant to help people transition from one home to the <https://www.homesforsalestaugustine.com/>.

If you or someone you care about are in search of a new space to create the archetype of home, please feel comfortable connecting with me.





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